

THIRSTY.

Espresso 3.50

Espresso + Milk 4.50

Tea 4

(the usual suspects)

Chai Latte/Mocha 4.50

Hot Chocolate 4.95

Iced Choc/ Iced Mocha/Iced Chai 6.95

with ice cream

Iced Latte 5.50

Chocolate Frappe/Coffee Frappe/Mocha Frappe/Chai Frappe 8.95

blended with whipped cream on top

Milkshakes 7.95

Blue Heaven, Chocolate, Caramel, Coffee, Lime, Strawberry, Vanilla

Fresh Juices 8.95

TROPICAL pineapple, orange, apple, watermelon

PRETTY IN PINK watermelon, strawberry, mint

BEET ME beetroot, apple, carrot, ginger, celery

GREEN GOBLIN apple, cucumber, spinach, celery

MAKE YOUR OWN

Smoothies 8.95

MANGO mango couli, mango yoghurt, milk

STRAWBERRY apple juice, strawberry yoghurt, strawberries

BANANA bananas, ice cream, milk, honey

Vegan Smoothies 8.95

THE ISLAND pineapple, banana, coconut milk

GREEN WITH ENVY mango, banana, spinach, coconut water

THE SUNRISE mango, passionfruit, dragon fruit, apple juice, coconut milk

FULLY LICENCED. BEER & WINE AVAILABLE.

PLEASE ASK STAFF.



Location code MLX AEQ

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A.

HUNGRY.

BREAKFAST.

Toast 7.95

Fruit Toast 8.95

Breakfast Burger 13.90

Fried egg, bacon, spinach, avocado, tomato relish on a milk bun

Alfa BLT 13.50

Bacon, lettuce, tomato, aioli on a focaccia

Add Avo +1.50

Eggs on Toast 12.00

Two eggs your way on buttered sourdough

Smashed Avo 19.50

Avocado, Meredith goats cheese, mini heirloom tomatoes, shaved radish, Egyptian dukka (contains pecans & almonds) on buttered sourdough

Add 1 egg +3.50

Breakfast Bruschetta 22.00

Poached egg, tomato, avocado, bacon, basil pesto on buttered sourdough

Chilli Eggs Scramble 18.50

Scrambled eggs w/ chipotle, cherry tomatoes, capsicum, spring onions, feta, buttered sourdough

Add chorizo +5.50

Hash Brown Benedict 22.00 - GF

Two poached eggs, house-made hash browns, smoked bacon and hollandaise

Hash Brown Florentine 22.00 - GF

Two poached eggs, house-made hash browns, wilted spinach and hollandaise

Hash Brown Atlantic 24.00 - GF

Two poached eggs, house-made hash browns, smoked salmon and hollandaise

Big Alfa 25.00

Two poached eggs, bacon, mushroom, tomato, avocado, one house-made hashbrown on buttered sourdough

Green Breakfast 21.00

Two poached eggs, seasonal greens, avocado, chipotle, omega seeds on buttered sourdough

Bircher Muesli 15.00 - VEGAN

Apple soaked muesli, coconut yoghurt, apples, freeze dried raspberries

Acai Bowl 17.90 - VEGAN

Seasonal fresh fruit, kiwi fruit, toasted coconut and peanut butter

Pancakes 19.90

2x buttermilk pancakes with your choice of toppings.

1) Mixed berries, roasted pistachio, oat and

pecan crumble, maple syrup and ice cream.

2) Canadian style bacon, roasted pecans,

maple syrup and ice cream

LUNCH.

Bowl of Chips 8.50

Salt & Pepper Squid 25.00

Salad, chips and aioli

Super Salad 20.00

Roasted cauliflower, avocado, grilled halloumi, cabbage, edamame, broccolini, quinoa tabouli, sweet potato and radish

Add Chicken +5.00

Add Salmon +5.50

Add Falafel +5.00

Southern Fried Chicken Burger 22.00

Chilli fried chicken, apple slaw, siracha mayo on a milk bun served with chips

Wagyu Beef Burger 22.00

Wagyu beef patty, bacon, lettuce, tomato, pickles and mustard on a milk bun served with chips

Chicken Parma 25.00

Home-made chicken schnitzel, ham, cheese, Napoli sauce served with chips and salad

Please see our salad bar for a range of fresh salads, sandwiches, wraps and toasted focaccias.